

Pink Crossfit

Your elite business training.



This is a weekly conditioning program designed to improve your business' core strength and performance to maximize results... team growth and profits.

Pink CrossFit Session #1 Beginner Basics

Date Completed: _____

Director: _____

Pink CrossFit Session #2 The Follow-up Party

Date Completed: _____

Director: _____

Pink CrossFit Session #3 Steps to Success

Date Completed: _____

Director: _____

Pink CrossFit Session #4 Party Preview

Date Completed: _____

Director: _____

Pink CrossFit Session #5 Get in the Zone

Date Completed: _____

Director: _____

Complete all five sessions and you will receive a certificate of completion, this beautiful calculator and be honored at a graduation ceremony at our Weekly Success Event.

