

3-in-1 Cleanser – use the size of a quarter, apply upward & outward.

Day Solution – 1-2 pumps, apply up & out on face & throat. Night Solution - 1-2 pumps, apply up & out on face & throat. Age-Fighting Moisturizer – use the size of a nickel, apply up & out.

Firming Eye Cream – ½ a pump, apply with ring finger patting under eye & on brow.

Foundation Primer – use the size of a pea, roll on fingers & onto face.

Oil Free Eye Makeup Remover – shake & squirt onto cotton ball. Microdermabrasion Step 1 – use the size of a quarter, massage in circular motions for 1-2 minutes with water. Microdermabrasion Step 2 – 1 pump, apply on face & throat. 2-in-1 Wash & Shave – lather & apply all over body. Hydrating Lotion – massage into skin all over body