

Hooded Eyes

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Hooded eyes are sometimes called “bedroom eyes,” because the lids tend to look heavy and partly closed. There are two types of hooded eyes—those that you are born with and those that you acquire. Many women acquire hooded eyes as they age, but you can minimize the fullness of the lids to make you look years younger.

When you look at a hooded eye, you see more eyelid than you do eye. Applied correctly, eye color can help hooded eyes appear more open by minimizing the eyelid. Our goal is to make the fleshy lid area recede and make your eyes look more prominent than the eyelids.

Tips:

- Avoid using a dark eyeshadow over the entire lid, because it can make the lid appear heavier and will make your eyes look closed and small. It is the gradation of color from dark, at the outer corner, to light, as you move across the eyelid, that will help push away what we do not want to see and open up the eye.
- Don't be tempted to highlight the brow bone too much; this can accentuate the hooded appearance of the eyelid.
- Avoid applying your highlight shade over the entire lid; it will just make your lid look even more hooded.

Application:

Highlight Shade:

Apply to the brow bone and along the upper lash line. Also apply your highlight shade to the inside corner of the lower lash line. This will really help open up your eyes, making them appear larger and more youthful.



Midtone Shade:

Start at the outside corner base of your upper lash line and bring the color up and over the entire hooded area. This helps the lid recede, by pushing the lid away and bringing the eye forward. Be sure to:

- blend the areas where the midtone color meets the highlight color.
- apply your midtone along your lower lash line; start from the outside corner and brush across toward the inside corner. This helps start your definition and create a better blend when you apply your contour shade and eyeliner.



Contour Shade:

Start at the base of the lash line and bring the color up and over the hooded area, layering it on top of your midtone. For this eye shape, you need to bring your contour color in a little farther and up a little higher than on other eye shapes. Do not bring it as far across as you did your midtone, but definitely come half way across the lid. This will help the hooded area recede.

Next, sweep your contour color underneath the lower lashes to define the lower lash line, starting from the outside corner and blending your way across. **Don't miss this step!** Hooded eyes really benefit from well-defined upper and lower lash lines.

