

## Professional Quiz

*Give yourself five points for each question that you can answer yes.*

1. Have you had a new updated hairstyle in the last six months? (New cut or color)
2. Are you wearing lipstick for Unit Meeting?
3. Do you use breath mints instead of gum?
4. Do you always have your date planner/phone with you?
5. Is your makeup clean, fresh, and seasonal? (Do you try trendy colors every six months)
6. Is the hemline of your skirt just above the knee when sitting?
7. Are your shoes professional looking and in good repair?
8. Is your purse or handbag professional looking?
9. Are you wearing nylons or are your legs freshly shaven and moisturized?
10. Are your nails manicured (manicured means, clean and filed smooth) and painted?

SCORE:	50	Excellent! You are a professional!
	40-45	You are almost there—just need a little more work
	30-35	Average with potential
	25-30	Use this as a learning experience
	10-15	You may need some “professional help”