

What Does Success Mean To You?



When you picture ‘success’ or the successful you, what comes to your mind?

Sometimes it is easy to get caught up in the perception of success, either through preconceived ideas, childhood memories or teachings & assumptions. But today, I want to strip that bear, clean the canvas & start fresh. Together, we are going to cultivate what success means to you, as an individual; and not by the critical beliefs you may place on yourself. Today’s post is a little different, today we are going to be interactive & creative. So next to you, please have a journal/notepad, a few colored pens & some Post-It notes! All set?

1. In your journal, clearly write down what your ultimate ideal life would be?

What does it look / smell / taste / feel / sound like?

How do you feel? Who is with you? What makes you happiest in your day?

What are you doing? Give yourself detail, you want to be able to visualize everything.

THINK: What can I do right now to cultivate a little more of this, into my life right now?

2. Let go of toxic friendships & relationships.

If you are hanging around negative people or partaking in relationships that do not feed your soul, you may be encouraging the belief that you are undeserving of prosperity & Success. As the saying goes “You are a reflection of the 5 people you hang around with the most”.

3. What does success mean to you? Write down the first thoughts & words that pop into your head. *Joy, abundance, financial freedom, security, support, happiness, contentment... What does it mean to you?*

Just let the words flow naturally. Now, read over what you have written. Is there anything there that you believe does not belong? If so, cross it out with one line.

POST-IT: On a post-it note, in a colorful pen write: What does success mean to me? Followed by 7 of the most important beliefs (words) you wrote down & post-it somewhere where you can see it every day; back of your bedroom or front door, office, bathroom etc.

4. Write down: I am creating success when I feel _____!
it might be: creative, unique, excited, uplifted, bold? Joy! What do you feel? For each word you wrote down, follow that up with an intention & step, in making that happen!

FOR EXAMPLE: Bold: I feel Bold when I am calling people & inviting them to be my hostess and to listen to the Opportunity Hotline. Today, I will cultivate the feeling of BOLD in me by making 10 calls!

5. Take 1 step everyday to bring you closer to your dreams. 1 step, that is all it takes to begin moving in the Direction of your visions & dreams. Everyday, take one step with awareness. It may be a new blog post, a new product bio, sharing your vision with another, writing a 3 month plan ETC. Whatever it is, write it down just before bed, followed by this statement "*I allow what I did today to be enough*".

6. Be patient with yourself. It most likely will not happen overnight, & for some that can feel discouraging; but don't allow it to be. Feel & see the momentum you're gaining every single day. Each day, set your intentions & move forward!

7. Celebrate each step & milestone! Celebrating where you are right now, allows presence & thankfulness to resonate around you. It helps in keeping you motivated & inspired. You're working consistently! You're creating something beautiful! That is SO something to celebrate! Did you just have your 1st team member?! Earn a Red Jacket?! WOO HOO! Hold a \$500 party? Book 5 new parties? OH MY GOSH! Celebrate that!