

Weekly Tracking Sheet

Date:		
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Activities we Control	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Wkly Goals	Wk Totals
Calls									
Customer									
Prospect									
Booking									
Coach Hostess									
Coach Unit									
Lead Generation									
Facial Box Conversation									
Water Flowers (Compliments)									
Table/Booth									
Showing Up									
Success Meeting									
Training Event									
Positive Programming									
Physical Exercise									
Mirror Exercise									
Nourish: Read Cds									
Daily Goals									
Daily Totals:									
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								Date:	
Activities we Control	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	Date: Wkly Goals	Wk Totals
Activities we Control Calls	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments)	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up Success Meeting	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up Success Meeting Training Event	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up Success Meeting Training Event Positive Programming	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up Success Meeting Training Event Positive Programming Physical Exercise	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
Calls Customer Prospect Booking Coach Hostess Coach Unit Lead Generation Facial Box Conversation Water Flowers (Compliments) Table/Booth Showing Up Success Meeting Training Event Positive Programming Physical Exercise Mirror Exercise	Mon	Tues	Wed	Thurs	Fri	Sat	Sun		Wk Totals
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