

Dear Friend,

I am excited to kick off our annual Mary Kay **"Adopt a Grandparent"** program for this holiday season. Our local group of Mary Kay Consultants is adopting residents of nursing homes in East Contra Costa County. Many of the residents have few if any visitors and receive little, if anything, during the holidays.

The festive gifts which we are putting together, which include Mint Bliss Energizing Lotion for Feet and Legs, Hand Cream, socks and a plush stuffed animal, give these folks some much needed joy. These items are specially requested by the facilities caregivers and they benefit the residents in several ways—soothing their hands and feet; the "touch therapy" of having the creams applied; comfort from the soft, warm socks and a feeling of contentment having something simple as a plush stuffed animal to hug. Several days before Christmas we make the rounds and we personally deliver the gifts (and even bring our kids to help).

We are asking friends, family, customers and businesses in the community to help us with this project by "adopting" a grandparent for the Holidays. **Each \$25 donation will "adopt" a grandparent and provide a special gift for a resident.** Your name or business card will be attached to the gift. I know you are probably inundated with requests to "give, give and give some more", but if you are able to adopt 1 or several grandparents, it would be so appreciated. Please consider what a blessing this is for the men and women in these facilities who once lived and worked in our local communities.

Please let me know by December 12 the number of "grandparents" you would like to "adopt." This will allow enough time to collect the donation, order the goodies, and put the gifts together. I am happy to accept credit, cash or check! We will be delivering the gifts the weekend of December 21st. I will send you a receipt for your taxes. Feel free to contact me with any questions.

Thank you so much for making the Holidays special for the residents of these nursing homes.

Happy Holidays,

