

# *Need Help Building Your Contact List?*

**Think about individuals from the following categories:**

- People you work with (now or in the past)
- Former school mates
- Club members
- Christmas card list
- Address book (new and old)
- Husband's co-workers
- School groups (PTA, sports, groups, scouts...)
- People in your hometown
- Relatives (anywhere in the U.S.)
- People you do business with (doctors, dentist offices, copy store, business supply store, hairdresser, nail stylist, nail tech, retail stores, banks, post office, etc.)
- Civic Groups



**Never prejudice**

**Remember, you are listing everyone you know that has skin on their face!**