



## Mary Kay is Watching

What if Mary Kay visited us at our next sales meeting – WOW!!!! Something to think about isn't it? I like to pretend she's with me whenever I am representing our company. What would she see – how would I be dressed – what would she hear me saying? Why not give ourselves a test to see how professional we really are!

- \_\_\_\_\_ Scuff-free shined shoes
- \_\_\_\_\_ Heel tips covered, no metal tips making clicking noises
- \_\_\_\_\_ Hose without runners or snags
- \_\_\_\_\_ Skirt not too short
- \_\_\_\_\_ Business suit or skirt with jacket, neatly pressed or dry-cleaned (anything with an inseam is inappropriate at a Mary Kay event/meeting. This includes dress slacks, jeans, shorts, skorts, etc.)
- \_\_\_\_\_ MK jewelry and pins neatly arranged. Select only your favorite awards. Never wear them all at once.
- \_\_\_\_\_ Nails neat and freshly manicured.
- \_\_\_\_\_ Hair restyled in past year to kept appearance up-to-date and fashionable. Hair permed, cut, colored, or reshaped in last three months.
- \_\_\_\_\_ Purse matches shoes.
- \_\_\_\_\_ Purse neat with ample space
- \_\_\_\_\_ Compact (is it clean enough to pull out in front of Mary Kay?)
- \_\_\_\_\_ Date book neat and organized. (in other words, it doesn't look like a filing cabinet)
- \_\_\_\_\_ Keep breath mints in purse or jacket pocket at all times. (gum is not an acceptable alternative.)
- \_\_\_\_\_ Your words and thoughts are up lifting and affirming with others. We would never want to be negative or discouraging to anyone about anything. Your parents old saying "If you can't say something good, don't say Anything at all" applies at all times.

How did you score? Do you have areas you need to work on? Great – we are always in the process of becoming the best! As we continue our journey, we must remember the world is watching. We are each becoming the best that we can be!

You will remain the same until the pain of remaining the same is greater than the pain of change.