



15 Things You Should Give Up To Be Happy

1. Give up your need to always be Right
2. Give up your Need for Control
3. Give up on Blame
4. Give up your Self-Defeating Self-Talk
5. Give up your Limiting Beliefs
6. Give up Complaining
7. Give up the Luxury of Criticism
8. Give up your Need to Impress Others
9. Give up your Resistance to Change
10. Give up Labels
11. Give up on your Fears
12. Give up your Excuses
13. Give up the Past
14. Give up Attachment
15. Give up Living Your Life to Other People's Expectations



Be Bold

Be Courageous

Be Powerful

IN CHRIST!!

