

MY WEEKLY PLAN SHEET FOR: (Name) _____

My Week Includes: Daily Quiet Time Family Time Personal Time Time for Sales Appointments Time for Phone Calls Office Time
 My Activity Includes: ___ # of Classes ___ Facials ___ Interviews \$ ___ in Retail Sales ___ Phone calls reaching a live person to book, coach, sell to or recruit

Color Code Your Activities and Slot them in on the Plan Sheet Below

	<input type="checkbox"/> Quiet Time/ My Time	<input type="checkbox"/> Family Time	<input type="checkbox"/> Sales Appointments / IPAs	<input type="checkbox"/> MK Office / Meeting /times	=	<input type="checkbox"/> Phone Time	
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00							
7:00							
8:00							
9:00							
10:00							
11:00							
12:00							
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3:00							
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